

Sun Safe Policy

At Windsor Kindergarten we aim to promote sun safety amongst our children, by encouraging and reinforcing positive habits. Our hours at nursery form part of the peak hours of the sun's strength and as such there are several areas that we target and ask for parental support.

Hats and Clothing

We encourage all children to wear sun hats to school, which they then wear during outdoor play. Ideally these hats would be wide brimmed or Legionnaire's style with a flap at the back. **Please name them**. During periods of strong sun, we recommend children wear clothes that give protection from the sun.

Sunglasses

Protection of the eyes is especially important for young children, and we do recommend that children use sunglasses. **Please name them.**

Sunscreen

During the summer, we ask that before coming to nursery, parents apply a high factor sunscreen/sunblock to children. Sun cream would ideally be waterproof so it will not come off through perspiration or in the course of water play. We can apply sun cream provided by Windsor Kindergarten or Parents/carers can bring in their own sun cream (which should be named and left in your child's bag).

In the ASC, with parent's permission, ASC provides sun cream for the children.

Providing Shade

Our outdoor area does have some shade at all times, and this is provided by the shadow of the building, the awning, and canopies. Activities will be set up in the shade. Our outdoor play is always freely available, but equally children have the option of staying indoors.

Water

Drinks of water will be freely available throughout sessions. Children are made aware of this provision.

Policy reviewed August 2023