

Sample Menus (these take into account children's dietary needs including, religious requirements and dairy and celiac intolerance)

Non-Vegetarian

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|--|--|--|--|---|
| Lunch | Macaroni Cheese with petit pois Red grape, honeydew melon and apricot cocktail | Roast Oakvale ham, roast potatoes, baton carrot and swede Plum, pineapple and cantaloupe melon cocktail | Beef, spinach and lentil curry with basmati rice Semolina with strawberry puree | Shepherd's Pie with cut green beans Orange Jelly | Moroccan Fish with pasta twirls Raspberry sponge with custard |
| Tea | Beef and vegetable broth with buttered baguette Yoghurt, baton cucumber, fresh chopped fruit & cheese cubes | Chicken sausage with baked beans, Fruit scone, tomato wedges, fresh chopped fruit and cheese cubes | Fill your own rolls ups with cheese and salad Apricot and sultana loaf, carrot sticks, fresh chopped fruit and cheese cubes | Tuna, tomato and vegetable pasta Banana flapjack, grated carrot, fresh chopped fruit and cheese cubes | Red pepper and tomato tart Apple and cinnamon oat cookie, cream cheese and cucumber roll, fresh chopped fruit and cheese cubes |

Non-Vegetarian

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------|---|---|--|--|---|
| Lunch | Macaroni Cheese with petit pois and crusty baguette Red grape, honeydew melon and apricot cocktail | Soya slice, roast potatoes, baton carrot and swede Plum, pineapple and cantaloupe melon cocktail | Spinach and lentil curry with basmati rice Semolina with strawberry puree | Soya and Lentil Pie with cut green beans Vegetarian Orange Jelly | Moroccan Butterbeans with pasta twirls Raspberry sponge with custard |
| Tea | Vegetable broth with buttered baguette Yoghurt, baton cucumber, fresh chopped fruit & cheese cubes | Vegetable sausage with baked beans, Fruit scone, tomato wedges, fresh chopped fruit and cheese cubes | Fill your own rolls ups with cheese and salad Apricot and sultana loaf, carrot sticks, fresh chopped fruit and cheese cubes | Tomato and vegetable pasta Banana flapjack, grated carrot, fresh chopped fruit and cheese cubes | Red pepper and tomato tart Apple and cinnamon oat cookie, cream cheese and cucumber roll, fresh chopped fruit and cheese cubes |